



## 2020 Cadet/Captain Application

**Stipend:** Up to a \$1000.00 stipend. Determination will be based on an applicant's weekly assessment of their performance, attitude, and duties/responsibilities.

**Dates:** **June 15<sup>th</sup> - July 10<sup>th</sup>**  
**Monday-Friday 8:00am-3pm**

**Tryout date and interview date:**

**April 18<sup>th</sup> 8:00am at Lifeguard Headquarters (950 Ocean Lane IB CA 91932)**  
**Interviews to follow run and swim from 1000-1600. If the water is contaminated and candidates are unable to swim on the 18<sup>th</sup> at 0800 we will schedule interviews at 0800 for 1000. Candidates will then need to swim and run at one of the scheduled junior guard tryouts at the Coronado pool (1845 Strand Way, Coronado, CA 92118)**

**IBJG Cadet/Captain Duties and responsibilities:**

- Work all scheduled days. Any days missed will be arranged 24 or more hours in advance with the IBJG Coordinator.
- Be on time every day.
- Have confidence in leading morning activities, such as stretching and attendance.
- Keep equipment neat, clean, and presentable at all times.
- Be knowledgeable of the ocean environment. Be able to spot rip currents, inshore holes, and ocean animals.
- Help instructors transition from different activities smoothly
- Help instructors with any safety concerns
- HAVE FUN!

**Qualifications:**

- 500 Meter swim under 10 minutes
- 1/4 mile run under 2 minutes
- Must have participated in a Junior Lifeguard program for at least one year
- Applicants must be between the ages of 15-17

**Tryouts:**

- Submit an application to Imperial Beach Lifeguard Headquarters by 7pm on April 17<sup>th</sup>.
- IBJG cadet/captain candidates will complete their timed 500 meter swim and ¼ mile run for time. There will be interviews assigned immediately following the successful completion of the swim and the run. Interviews times will be selected by the candidates based on the swim times (first gets first pick, second picks second etc.). Interviews will be held at the Imperial Beach Lifeguard Headquarters (950 Ocean Lane IB CA 91932). Each interview will be approximately 20 minutes.
- There are six openings for the IBJG captain position. An additional two people will be put on the waitlist. This position is very competitive; we look forward to seeing you at the tryout!!
- There will also be a captain's training for selected cadets/captains. This training will be May 30<sup>th</sup>, June 6<sup>th</sup> and June 13<sup>th</sup> from 8:00 am to 2:00pm.
- If you have any questions do not hesitate to contact the Imperial Beach Junior Lifeguard Coordinator, Adam Wraight, at [jrlifeguards@imperialbeachca.gov](mailto:jrlifeguards@imperialbeachca.gov).



## 2020 Cadet/Captain Application 2020 IBJG Cadet/Captain Application

Name (Applicant): _____	DOB: _____
Address: _____	
City: _____	Zip Code: _____
Home Phone: _____	Cell Phone: _____
Email: _____	
Signature (Applicant): _____	Date: _____

### Parent or Legal Guardian Name:

I, \_\_\_\_\_ as parent/guardian of this applicant, I approve the release of information to the Imperial Beach Junior Lifeguard (IBJG) program staff for the purpose of establishing my child's candidacy for the IBJG captain position. I agree to permit my child to be interviewed by IBJG program staff on April 18<sup>th</sup>. I also permit my child to participate in the 500 meter swim and quarter mile run required to complete the tryout process.

Signature (Parent or Guardian): \_\_\_\_\_ Date: \_\_\_\_\_

### Emergency Contact Phone Number (Name/Number):

1. \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_
2. \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

**Interview Information:** Interviews will last approximately 20 minutes. Candidates should be prepared to answer a question about their experience, education, background and how it relates to the position of IBJG captain. Candidates should also be prepared to answer questions on how they would handle challenging and stressful situations with junior lifeguards, parents, lifeguards, and the public. The IBJG staff regrets that we have only a limited number of captain positions available and unfortunately some qualified candidates may not be offered positions.

**Deadlines:** You must bring this completed application to Imperial Beach Lifeguard Headquarters by April 17<sup>th</sup>. If you have any questions, email us at [jrlifeguards@imperialbeachca.gov](mailto:jrlifeguards@imperialbeachca.gov)